



DERBY MERCURY RC CONSTITUTION



Founded 16th October 1938

1. Name

The club shall be called "The Derby Mercury R C "

2. Affiliations

The club shall be affiliated to appropriate organisations as determined by the Committee.

3. Presidency

A. There shall be a President elected for a period of 3 years

B. There shall be a post of Vice President to be filled by the committee as appropriate

4. Objects

The aims of the club are the encouragement of Cycling and Outdoor interests, and the fostering of the club spirit. (See Appendix A for a copy of our club code of conduct for participation in GoRide activities)

5. Membership

A. Membership shall be open to both sexes of any age, but subject to paragraph (f).

B. Every person wishing to become a member shall complete an application form and shall submit this form to the General Committee, together with the annual subscription, for the Committee to process.

C. New members accepted by the Committee after the 30th September in any year shall be entitled to full membership up to the 31st December the following year.

D. Members who wish to resign shall submit a written resignation to the Secretary and forfeit all financial claims to the club. All debts owing at the time of resignation must be paid.

E. No Life Members shall be created except Honorary Life Members, elected by at least two-thirds majority of the Committee.

F. Family Membership shall be available to couples living at the same address or to children under the age of 16 joining with parent(s) or guardians(s).

6. Subscriptions

A. The categories of membership shall be Schoolboy/girl (under 16 years), Junior (16 and under 18years), Senior (18 years and over), Family and Second Claim. The annual subscriptions shall be fixed, as required, at the Annual General Meeting.

B. Annual subscriptions shall be due on the 1st January each year. Any member not paying his/her subscriptions before the 31st March each year shall be deemed to have resigned and forfeit all rights and privileges.



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C. No charges shall be paid on clubroom activities during normal club nights. A fee may be charged on special occasions.

7. Management

A. Management of the club shall be by General Committee, to be elected annually.

B. General Committee shall consist of :-Chairman, Vice Chairman, Magazine Editor, General Secretary, Junior Representative, Treasurer, Touring/audax Secretary, Membership Secretary, Club Clothing Secretary, Time Trial Secretary, Media Secretary, Road Race Secretary, Club Coach, Social Secretary, Cyclocross Secretary, Mountain Biking Secretary, Trophies Secretary (Non-Committee)

C. The Committee shall have full power of co-option, and any co-opted member shall have full Committee status.

D. Any club officials may appoint their own assistants.

E. The General Committee shall investigate any unseemly behaviour by a club member which is brought to their notice, and shall take appropriate action. The club committee may refuse membership, or remove it, only for good cause such as conduct or character likely to bring the club or sport into disrepute, Appeal against refusal or removal may be made to the members.

F. The club adopts the policy on the protection of children and vulnerable adults as set out by British Cycling. The club will appoint a welfare officer.

8. Meetings

A. The General Committee shall meet at intervals not exceeding 8 weeks, to transact the business of the club.

B. A minimum of 5 members of the Committee shall form a quorum on the Committee.

C. Any member of the Committee absent from three consecutive meetings without affording reasonable excuse shall be deemed to have resigned and the Committee shall fill the vacancy.

D. The Annual General Meeting shall be held on any convenient date during the month of November, and at least 28 days notice shall be posted at the clubroom. The Agenda shall be made available to all membership at the clubroom at least seven days prior to the meeting.

E. A Special General Meeting may be called by the General Committee, or alternately by the Secretary, on receipt of a request signed by seven members. The latter shall be subject to at least seven days notice of Meeting and Agenda being made available to members.

9. Competitive Events

A. Club colours shall be predominantly blue and white with one other colour allowed.

B. Only first claim members of the Derby Mercury RC shall be eligible to compete for awards in club competition except that, for the evening time trial series only, second claim members shall also be eligible.

C. Events qualifying towards the Club BAR must be events that are open to all members of the club.



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D. Any member who promotes an event shall receive the relevant handbook free.

E. All Club championship dates shall be fixed before the start of the season.

F Please refer to Appendix B for a copy of the clubs rules and regulations.

10. Accounts

A. The Club financial year shall commence on the 1st November and end on the 31st October, after which date the treasurer shall prepare a balance sheet and statement of accounts. These shall be audited by the auditors elected at the previous Annual General Meeting.

B. Officials shall not be personally responsible for debts incurred on behalf of the Club.

11. Resolutions

A. Member's propositions for any General Meeting shall be sent in writing to the Secretary at least 21 days before the relevant meeting and shall be included in the agenda.

B. Any matter not provided for in this Constitution and the interpretation of the same, shall be dealt with by the General Committee whose decision shall be binding pending ratification by a General Meeting.

C. No alteration or addition to the Constitution shall be made, unless with the consent of two-thirds of the members at a General Meeting.. (Note: the Appendices containing competition rules and guide can be changed by agreement with a majority of the committee.)

12. Inclusion

The committee will ensure the club is accessible to all for their recreational as well as competitive endeavours, on and off the bike and progression thereof. The club through its membership will develop a range of activities to ensure it satisfies the needs and aspirations of all sectors of the membership

13. Cessation

In the event of the cessation of the Club, any assets at that time shall be donated to a suitable Youth Organisation, nomination of which is to be left to the discretion of the General Committee.



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Appendix A:- CLUB CODE OF CONDUCT FOR GORIDE EVENTS

As a parent/carer of a member of the club, you are expected to abide by the following code.

I will:

- inform the coach of any specific health requirements or medical conditions of my child in advance of the coaching session by completion of a club membership form or a parental consent form.
- advise the coach if my child has to leave early or is being collected by someone other than a parent/carer, giving details of the arrangement including who will be collecting my child, when and at what time
- encourage my child to learn the rules and play within them
- discourage unfair play and arguing with officials
- help my child to recognise good performance, not just results
- set a good example by recognising fair play and applauding the good performances of all
- never punish or abuse a child for losing or making mistakes
- publicly accept officials' judgments and teach children to do likewise
- support my child's involvement and help him/her to enjoy his/her sport
- use correct and proper language at all times
- remember that children participate in sport for their enjoyment, not mine
- support all efforts to remove verbal and physical abuse from sporting activities
- respect the rights, dignity and worth of every young person regardless of their gender, ability, disability, cultural background or religion
- show appreciation and respect for coaches, officials and administrators. Remember, without them, your child could not participate

As a member of the club, you are expected to abide by the following code.

I will:

- arrive for training and competition in good time to prepare properly
- wear suitable kit (including a helmet) and clothing for all cycling activity sessions, as agreed with the coach
- warm up and cool down properly on all occasions



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- play within the rules and respect officials and all their decisions
- be a good sport by applauding all good performances, whether they are made by my club or the opposition
- control my temper - verbal abuse of officials and other riders, or deliberately distracting/provoking an opponent is not acceptable or permitted behaviour in any sport
- work equally hard for myself and my club - remember, the club's performance will benefit, and so will I
- respect the rights, dignity and worth of all participants regardless of their gender, ability, disability, cultural background or religion
- pay any fees promptly
- abide by the rule that junior members are not allowed to smoke on club premises or while representing the club at competitions
- abide by the rule that junior members are not allowed to consume alcohol or drugs of any kind on club premises or while representing the club
- treat all participants in cycling as I would like to be treated - not bullying or taking unfair advantage of another participant
- cooperate with my coach, club mates and opponents - remember, without them there would be no competition
- thank officials and opponents after competition.

The code of conduct of a coach is divided into four sections, all of our coaches have signed up to this:

1. Rights: which outlines the basic rights of individuals to take part in the sport of cycling
2. Relationships: which offers guidance on personal relationships in cycling, in particular those between coaches, or others in positions of influence and riders
3. Personal Standards: which outlines the standards of personal conduct and behaviour expected within the sport at all levels
4. Professional Standards: which details the commitment to best practice and ongoing professional development expected of officials, coaches, volunteers and all others in positions of authority within British Cycling



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Appendix B:- RULES AND REGULATIONS

Time Trials

1.1 General

All time trials, whether open events or club events, are held under CTT regulations as laid down in the current edition of the CTT handbook. The event organiser ensures that regulations are complied with but riders should be aware of the following points:

- (a) All riders must be fully paid up members of a club affiliated to the CTT.
- (b) Riders must sign the appropriate entry form or start sheet before taking part in the event.
- (c) Riders under 18 years of age must submit a signed parental consent form to the organisers before taking part. In the case of the club time trials, one form covers all club events for the season.
- (d) The following categories of rider are recognised: - Seniors, Juniors, Juveniles, Ladies, and Veterans, (as defined in the current CTT Handbook).

1.2 Evening 'TT' series.

- (a) Entry is 'on the line'. A nominal entry fee will be charged, as decided by the Committee.
- (b) For the evening 'TT' season-long competition only, a rider retains the category to which he belonged at the first event of the series.
- (c) Points competition - decided on actual time. Within each of the categories listed above, points are awarded as follows: 1st - 40 pts, 2nd - 39 pts, 3rd - 38 pts, etc down to 40th position. A rider's best 10 performances (points scored) count towards the total for the series, thus the maximum score possible is 400.
- (d) Joe Buxton Handicap Competition - rider's categories do not apply. Points are awarded as in (c) above but based on handicap time, i.e. actual time minus handicap. A handicap is assigned to each DMRC rider at the start of the season based upon performances over the previous 2 seasons, relative to the scratch time for the course. In the absence of any previous form, a handicap is calculated from the rider's first ride of the season. Through the season a rider's handicap is reduced when improved performances require it.

1.3 Club 'TT' Championship

- (a) For Ladies and Juveniles.
- (b) The championship takes place in conjunction with the evening 'TT' series on a designated date in mid-season.
- (c) Categories are determined by the rider's age on the day of the event.
- (d) Results are determined on actual times only.

1.4 Club '25' Championship

- (a) For Seniors, Ladies and Juniors.



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- (b) The championship takes place in conjunction with nominated 25 Mile event.
- (c) Riders categories are determined by their age on the day of the event.
- (d) Results are determined by actual times only.

1.5 Interclub '25' Competition

- (a) Run in conjunction with the South Pennine RC evening 25 mile event in mid-season.
- (b) The competition is decided on the total actual time for the fastest 5 riders from each club.

1.6 Hill Climb Championship

- (a) Open to all categories of rider as defined in section 1.1
- (b) Entry is 'on the line' and is free under 16 riders.
- (c) Results in each category are decided on actual times only.

1.7 Time Trial Championship

- (a) The Time Trial Championship shall be decided as given below:
- (b) Only open time trial events shall count towards the competition
- (c) 4 events will count towards the competition from 3 categories (at least 1 from each category):

Up to and including 10 miles

Over 10 miles up to and including 25 miles

Over 25 miles

- (d) The winner will be the rider with times closest to the winners of the events.

This shall be calculated as the event winners time as a percentage of the DMRC riders time.

(Winners time/DMRC riders' time X 100)

(21 mins/25 mins X 100 = 84%)

The scores from the DMRC riders 4 events will be averaged and the winner will be the highest percentage.

1.8 BAR Competitions

- (a) 4 Best All Rounder (BAR) Competitions are held as detailed below.
- (b) Counting events for BAR Competitions are Derby Mercury RC club events, open and semi-open events in which all DMRC members, in the appropriate category, are eligible to ride.
- (c) The onus is on the rider to supply details of his performances to the Time Trial Secretary. Documentary evidence should be provided (i.e. result sheet).



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- (d) The competitions are decided on the fastest average speed over the distances detailed below.
- (e) Open BAR - Distances 10, 25, 50 and 100 miles
- (f) Vets BAR - Distance 10, 25, 50, and 100 miles. For riders of 40 years of age and over. Decided on the difference between the rider's fastest average speed and the average calculated from the standard times for the rider's age.
- (g) Junior BAR - Distances 10 and 25 miles (two of each). Restricted to Junior riders.
- (h) Ladies BAR - Distances 10 and 25 miles (two of each). Restricted to Lady riders.

2 Road Races

Two road racing trophies are awarded, one for seniors and one for juniors. In each case the award goes to the rider who has scored the most points in a scoring system based on the BC points system. Counting events are all those open to all DMRC members holding a BC license.

A Veterans Road Race trophy be awarded annually. To be decided on by the committee, based on results in age related (over 40s) road races during the calendar year. Not gender specific.

3. Track Racing

The track trophy is awarded to the rider scoring the most points in track competitions based on the BC points system.

4. Cyclo-cross Trophy

The Cyclo-Cross trophy is awarded based on the points system of the Notts and Derby league.

Awards will be given for first Woman, Veteran and Junior based on the points system of the Notts and Derby league.

Awards will be given for 1st Boy and 1st Girl in each category in the Notts and Derby league.

5. Tourist Trophy Competition

Audax Trophy

Senior trophy to be awarded to the rider with the most AUK points

Under 18 trophy to be awarded base on AUK points but including events under 200Km

6. MTB Trophy :- To be awarded based on committee decision.

7. Photographic Competition

- (a) The Competition is open to Club Members
- (b) There shall be 2 categories; Open and DMRC/cycling related. DMRC members may submit up to 3 photos in each category.
- (c) Entries must have been taken by the entrant during the current year (i.e. From AGM to AGM)



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- (d) The photos can be any format slide print or digital. Prints limited to A4 size. Digital should be Jpeg
- (e) The DMRC/cycling related category shall have a subject of a cyclist or bicycle or a picture of a DMRC member taking part in an outdoor activity.
- (f) The open category photos can have any subject.
- (g) The competition will be judged by an independent, experienced judge.
- (h) Judging will take place on the Club Night after the AGM, or as soon as possible afterwards
- (i) Entries to be submitted on the night by 8pm.
- (j) There shall be certificates for the winners in each category and the overall winner judged purely on photographic merit will receive the Margaret Johnson trophy.

8. Clubman of the year

To be decided by a vote at the AGM for contribution to the club over the past year.

9. Performance of the year.

To be decided by the committee for a specific performance over the past year.